

B R K F S T

S T U D I O

About the Studio & Accessibility

The studio is located at my flat in Berlin-Schöneberg, at Viktoria-Luise-Platz. The U4 train connects conveniently right on the Platz. The studio is on the third floor, which is walk-up only.

Give me a heads up when you're here by ringing the downstairs doorbell before coming upstairs. Bear in mind that it's my private residence which makes it difficult to receive early visitors, but I will do the best that I can to accommodate.

Please bring your vaccination certificate or proof of recent recovery if we're meeting together for the first time. I'm happy to wear a mask if that makes you more comfortable training together.

I keep a low- to no-scent policy and ask that clients minimize their use of scented products while visiting.

If you like to wear shoes while training, please bring shoes that have been wiped down, or that are inside-only gym shoes. Wearing socks or going barefoot is also encouraged.

During sessions, please keep your phone on silent barring extenuating circumstances (like keeping in touch with your kita, etc.)

If you have any special accessibility requests, don't hesitate to contact me via email so I can facilitate your meeting as much as possible.